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The 8th AOCO (Asia-Oceania Conference on Obesity) 2015 was held in Nagoya, Japan on 2-4 October, 2015. The 36th Annual meeting of JASSO (Japan Society for the Study of Obesity) was also jointly held. The meeting was attended by about 250 participants and more than 120 abstracts were presented and ideas on obesity research, prevention and management were actively exchanged during the Conference. The scientific programme consisted of four AOCO-JASSO Special Lectures, two AOCO-JASSO Joint Symposia, two international Symposia and AOCO Rising-Star Symposium which provided latest knowledge and ideas on obesity. The 17th. AOASO Council meeting was held on Friday, 2 October 2015 at 1.00-2.00pm in the Nagoya Convention Center, Nagoya, Japan. Nine out of 11 member countries attended the meeting.

One of the highlight of the Conference was the adoption of the “Nagoya Declaration 2015”, in which a concept of “obesity disease” was proposed by JASSO and chaired by Prof. Ismail. The declaration was signed on 3 October 2015 by the representatives from Australia and New Zealand (Tim Gill), Hong Kong (Francis Chow), India (PallaviPatankar), Japan (Masato Kasuga), Korea (Soon-Jib Yoo), Malaysia (Mohd Ismail Noor), Philippines (Roberto C Marisol), Singapore (Chung Horn Lee) and Taiwan (Kou-Chin Huang).
The 9th AOCO to be held in Adelaide, Australia in 2017